

TRAINING COURSES

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2025



SPECTRUM TRAINING SOLUTIONS

BEST SELLER

This schedule meets the mental health requirement for 2025 CPEs with MCOLES.

Instructor logs all MCOLES participants in MITN.

Maximizing Interactions with the Special Needs Community - 4 Hours

302-funded / SNC: STS2024-1303 | Q Course: Q62J

Interpersonal Communication for First Responders - 2 Hours

302-funded / SNC: STS2024-4981 | Q Course: Q61I

Identifying Mental Health Symptoms and How to Effectively Communicate + Self-Care for First Responders - 2 Hours

302-funded | SNC: STS2021-1548 | Q Course: Q62I

ABOUT THE INSTRUCTOR

- Prior military police officer (Navy);
- Doctorate of Business Psychology;
- 20 years experience with special needs population;
- SME in creating engaging, practical, and interactive courses;
- Trained 3,000 first responders



Dana Welch
Security Manager at
Henry Ford Health

Every first responder needs this training; I can't recommend her more. Her courses are a game changer.

Dr. Stephanie Zoltowski-Siordia
Founder & Training Consultant



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HIGHLIGHTED CLIENTS



U.S. Customs and Border Protection

